

CT1 2024 Scoring Guidance Working Under Pressure

Demonstrates capacity to make decisions under pressure and retain control, accompanied by an awareness of own limitations

| 1 Unsatisfactory | 2 Weak | 3 Typical | 4 Very Good | 5 Outstanding |
|---|--|--|--|---|
| Was tense & agitated and hesitant all of the time. | Was either tense, agitated, or hesitant most of the time. | Remained calm most of the time, was able to make a clear decision. | Remained calm all of the time and made clear decisions. | Relaxed & comfortable with demands of situation with extremely clear decisions. |
| Performance hindered by focussing on immediate worries. | Initially focussed on immediate worry but able to move through scenario with help. | Maintained perspective through developing scenario and was able to move through the developing tasks. | Clear calm perspective maintained throughout, moved quickly through developing tasks. | Maintained calm clear perspective throughout, clear task prioritisation and decision making. Working beyond level of Foundation training Doctor. |
| Was rude OR offensive to when challenged. Did not adapt to pressure of situation & changing circumstances. | Hesitant when challenged. Slow to adapt to changing circumstance which may have been critical. | Showed some insight into own limitations within scenario. Mostly calm when challenged. | Confident, insight into own limitations within scenario. Flexible and calm when challenged. | Confident, always flexible, open and calm manner when challenged. Effective strategy to deal with opinion and disagreement or differing opinion. |