

## CT1 2026 Scoring Guidance

### Commitment to Specialty

Demonstrates knowledge of the scope of the specialty and the training programme such that they have made an informed decision in applying for this role.

1 Unsatisfactory	2 Weak	3 Typical	4 Very Good	5 Outstanding
No reference to the merits of anaesthesia / ACCS training scheme or career in anaesthesia. All negative indicators. No evidence of commitment in terms of QI, med student placements etc.	Limited evidence of knowledge of anaesthesia / ACCS training scheme and insight into anaesthesia.	Some evidence of knowledge of anaesthesia / ACCS training scheme & opportunities on offer. Some evidence of previous experience undergraduate placement or projects in anaesthesia.	Good knowledge of anaesthesia / ACCS training scheme & opportunities on offer. Evidence of previous commitment to anaesthesia including student placements / SSCs and projects.	Excellent knowledge of anaesthesia / ACCS training scheme, with a clearly defined career development plan to maximise training opportunities. Range of evidence to support intention to follow career in anaesthesia.

Descriptor Domains	Positive Indicators	Negative Indicators
<b>Commitment to Specialty</b>	Clear evidence of previous exposure to anaesthesia including undergraduate placements in anaesthesia / ICU, taster sessions, career open days.	No /poor evidence of previous exposure to anaesthesia and commitment to a career in anaesthesia.
<b>Insight into Anaesthesia</b>	Good insight and knowledge regarding a career in anaesthesia and role of a stage 1 anaesthetic trainee.	Limited knowledge and insight into the role of a core trainee in anaesthesia.
<b>Knowledge of the anaesthesia / ACCS training schemes</b>	Clear evidence of knowledge of anaesthesia / ACCS training scheme applied.	No knowledge or vague reference to training scheme structure.
<b>Career development</b>	Demonstrated clear vision of opportunities available for career development within anaesthesia training.	No or limited ideas regarding future career development